

# Anlage 1

## Richtwerte - Talente des KVL-Bautzen

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| <b><u>E - Talente des Landkreises Bautzen</u></b>  |  |   |  |  |
|--|--|---|--|--|
| <b>M12</b>   | <b>M13</b>   | <b>Disziplin</b>  | <b>W13</b>   | <b>W12</b>   |
| 1900 P.  | 2100 P.  | <b>Mehrkampf ( 5-Kampf)</b>   | 2250 P.  | 2100 P.  |
| 10,50s<br>11,20s<br>2:32,00min<br>12:00,00min<br>1,45m<br>4,70m<br>9,00m<br>24,00m<br>30,00m<br>50,00m | 10,00s<br>10,20s<br>02:26,00min<br>11,00,00min<br>1,55m<br>5,20m<br>11,50m<br>30,00m<br>38,00m<br>58,00m | <b>75m</b><br><b>60m Hürden</b><br><b>800m</b><br><b>2000m</b><br><b>Hoch</b><br><b>Weit</b><br><b>Kugel (3,0kg)</b><br><b>Diskus (0,75kg)</b><br><b>Speer (400g)</b><br><b>Ball (200g)</b> | 10,30s<br>10,30s<br>2:35,00min<br>11:30,00min<br>1,46m<br>4,80m<br>9,25m<br>25,00m<br>29,00m<br>48,00m | 10,70s<br>11,30s<br>2:40,00min<br>12:30,00min<br>1,38m<br>4,55m<br>8,00m<br>21,00m<br>25,00m<br>42,00m |

**Anmerkung:** Sportler(innen) im Altersklassenbereich U14 sind förderfähig, wenn Sie neben der Norm im Mehrkampf **zusätzlich** eine Einzelnorm nach Tabelle erreicht haben

| <b><u>D1 - Talente des Landkreises Bautzen</u></b>   |   |   |   |   |
|--|---|---|---|---|
| <b>M14</b>   | <b>M15</b>  | <b>Disziplin</b>  | <b>W15</b>  | <b>W14</b>  |
| 2300 P.<br>2200 P.<br>2200 P.  | 2500 P.<br>2400 P.<br>2500 P.   | <b>Blockmehrkampf Sprint</b><br><b>Blockmehrkampf Lauf</b><br><b>Blockmehrkampf Wurf</b>  | 2400 P.<br>2150 P.<br>2250 P.   | 2300 P.<br>2100 P.<br>2100 P.   |
| 12,00s<br>ohne<br>11,90s<br>ohne<br>2:10,00min<br>10:10,00min<br>1,76m<br>3,20m<br>5,80m<br>ohne<br>13,25m<br>38,00m<br>45,00m<br>40,00m | 11,70s<br>37,50s<br>11,20s<br>41,30s<br>2:04,00min<br>9:40,00min<br>1,85m<br>3,70m<br>6,20m<br>12,50m<br>15,00m<br>46,00m<br>50,50m<br>46,00m | <b>100m</b><br><b>300m</b><br><b>80m Hürden</b><br><b>300m Hürden</b><br><b>800m</b><br><b>3000m</b> <b>2000m</b><br><b>Hoch</b><br><b>Stabhoch</b><br><b>Weit</b><br><b>Drei</b><br><b>(4,0kg) Kugel (3,0kg)</b><br><b>(1,0kg) Diskus (1,0kg)</b><br><b>(600g) Speer (500g)</b><br><b>(4,0kg) Hammer (3,0kg)</b> | 12,75s<br>42,50s<br>12,00s<br>47,00s<br>2:20,00min<br>6:55,00min<br>1,65m<br>2,90m<br>5,40m<br>10,80m<br>12,50m<br>34,00m<br>38,00m<br>38,00m | 13,00s<br>ohne<br>12,40s<br>ohne<br>2:23,00min<br>7:05,00min<br>1,60m<br>2,70m<br>5,20m<br>ohne<br>11,50m<br>30,00m<br>34,00m<br>33,00m |

**Anmerkung:** Sportler(innen) im Altersklassenbereich U16 sind förderfähig, wenn Sie **entweder** eine Blockmehrkampfnorm **oder** eine Einzelnorm nach Tabelle erreicht haben

# Anlage 1

## Richtwerte - Talente des KVL-Bautzen

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| <b><u>D2 - Talente des Landkreises Bautzen</u></b> |            |                                  |             |             |
|--|------------|----------------------------------|-------------|-------------|
| <b>M16</b>   | <b>M17</b> | <b>Disziplin</b>                 | <b>W17</b>  | <b>W16</b>  |
| 11,40s   | 11,15s     | <b>100m</b>                      | 12,30s      | 12,45s      |
| 23,30s   | 22,70s     | <b>200m</b>                      | 25,30s      | 25,80s      |
| 52,00s   | 50,75s     | <b>400m</b>                      | 58,00s      | 59,50s      |
| 14,90s   | 14,50s     | <b>(110m) Hürden (100m)</b>      | 14,30s      | 14,70s      |
| 58,30s   | 56,50s     | <b>400m Hürden</b>               | 64,50s      | 65,50s      |
| 1:59,00min   | 1:57,00min | <b>800m</b>                      | 2:14,00min  | 2:17,00min  |
| 4:10,00min   | 4:04,00min | <b>1500m</b>                     | 4:44,00min  | 4:50,00min  |
| 9:10,00min   | 8:55,00min | <b>3000m</b>                     | 10:10,00min | 10:30,00min |
| 6:30,00min   | 6:20,00min | <b>(2000m) Hindernis (1500m)</b> | 5:20,00min  | 5:30,00min  |
| 1,93m  | 1,98m      | <b>Hoch</b>                      | 1,73m       | 1,69m       |
| 4,10m  | 4,30m      | <b>Stabhoch</b>                  | 3,30m       | 3,10m       |
| 6,60m  | 6,90m      | <b>Weit</b>                      | 5,65m       | 5,55m       |
| 13,50m   | 14,00m     | <b>Drei</b>                      | 11,60m      | 11,20m      |
| 15,70m   | 16,50m     | <b>(5,0kg) Kugel (3,0kg)</b>     | 14,20m      | 13,20m      |
| 45,00m   | 49,00m     | <b>(1,5kg) Diskus (1,0kg)</b>    | 40,00m      | 37,00m      |
| 55,00m   | 59,00m     | <b>(700g) Speer (500g)</b>       | 48,00m      | 44,00m      |
| 50,00m   | 58,00m     | <b>(5,0kg) Hammer (3,0kg)</b>    | 47,00m      | 43,00m      |

**Anmerkung:** Sportler(innen) im Altersklassenbereich U18 sind förderfähig, wenn Sie eine Einzelnorm nach Tabelle erreicht haben